



Nurturing the Future, Inspiring Success

PE

Intent:

Our PE curriculum aims to inspire all children to be active, show resilience and determination to learn new skills and enhance prior learning. We provide a safe and supportive environment which provides them with the opportunity to be successful in a range of physical activities. At North Farnborough Infant School, we teach key essential skills such as teamwork and leadership and our PE curriculum provides opportunities to further develop these skills.

We encourage children to take part in the competition element of sport and to develop their understanding of the importance of fair play. Our curriculum is inclusive and supports all children in developing confidence in physical activity to support their health and fitness. We encourage pupils to develop their understanding of the way in which they can use their body, equipment, and apparatus safely, imaginatively, and effectively. Our PE curriculum, along with Science and RHE teaches children about the importance of physical activity and nutrition to maintain a healthy lifestyle. It also supports children in understanding how physical activity and healthy eating can impact positively on emotional wellbeing.

Implementation:

Our PE curriculum follows a scheme of work from '**Get Set 4 PE**' which are both closely aligned to the National Curriculum. These schemes support a clear and sequenced progression of skills and knowledge, both within each year group and from one year to the next. Children take part in twice weekly PE lessons in a wide range of sporting activities which include: athletics, ball skills, dance, fitness, gymnastics, invasion games, fundamentals, yoga, target games, striking and fielding.

We work in partnership with 360 Sports Education who lead one of our weekly PE sessions for Key Stage One. After school sports clubs are also offered by 360 to children, to enhance the sports provision on offer and provide children with an opportunity to further develop their skills. At lunchtimes, our children also have the opportunity to participate in physical activity with sports coaches.

All children receive a broad and balanced PE curriculum regardless of year group or ability. Every child will access all of the key areas of the subject on offer at our school. PE planning has clear progression of skills and knowledge that make up part of our curriculum offer so that all children access it at an age-appropriate level. As well as our regular PE lessons, our sports teams regularly participate in inter-school competitions throughout the school year.

EYFS:

In EYFS, children begin to improve their fundamental movement skills and teachers begin to consider the development of agility, balance and coordination for each child.

Key Stage One:

Pupils in KS1 are given opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in competitive and co-operate physical activities through games, dance and gymnastics.