



Nurturing the Future, Inspiring Success

PSHE

Intent

At North Farnborough Infant School we recognise that children are growing up in a diverse and ever changing world. The teaching of Personal, Social, Health Education and RSE gives the children the skills and knowledge to become healthy, independent, responsible and confident citizens.

The intent of our PSHE curriculum is to be inclusive and accessible. Most importantly the children will gain an understanding of how to remain safe from harm and know what to do if they feel unsafe. They will gain valuable insight into how their brain works and learn a variety of strategies to support their emotional regulation.

Children will understand different relationships, acceptance, tolerance and the essential understanding of how to be healthy. They will develop the skills of turn taking, how to treat others with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving and the concept of personal privacy.

To ensure that children get a broad and balanced curriculum we believe that PSHE must be integrated into other areas of school life such as assemblies, manners and behaviours around school.

Implementation

At North Farnborough Infant School all classes engage in regular, memorable life skills sessions using My Happy Mind. This comprehensive learning programme covers how to keep our minds and bodies healthy, the roles and relationships of different people in our lives and how to live in the wider world and their role in this. This programme is aligned with the National Curriculum (Citizenship, PSHE Education), covering all Key Stages. Progression in skills and knowledge in the subject is outlined in the PSHE objective mapping grid.

Learning in each topic takes place during weekly whole class lessons which explore the different themes. These themes are also embedded through all other lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning. These lessons are interactive with prepared videos and PowerPoints which include the different characters, making it fun and engaging for the children.

Our PSHE programme deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Children at North Farnborough also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect

Safe Respectful Ready