



## PSHE & Relationships Policy

Status of document	
Document type	Statutory
Date reviewed	May 2023
Reviewed by	Headteacher
Date next review	May 2024
Review cycle	Annual
Available on website	Yes
Approval level	Headteacher

## **Introduction**

This document is a statement of the aims, principles and strategies for the teaching and learning of Relationships Education and Personal, Social, Health and Economic Education (PSHE) at North Farnborough Infant School. We believe Relationships Education and PSHE is a vital part of the curriculum and is essential for ensuring our children have the skills they need to live happy and healthy lives now, in the future as young adults and as future parents.

The PSHE and Relationships Policy should be read in conjunction with

Learn and Teaching	Race Equality	Behaviour
Collective Worship	Home School Agreement	Science
Equal Opportunities	Physical Education	Child Protection
Religious Education	Health and Safety	Confidentiality
Medicines in School	Exclusion	Anti-bullying
E-safety		

This policy has been developed by the PSHE and Relationships subject leader (Mrs Macwilliam) in consultation with the Senior Leadership Team, SENCo and teachers. Guidance from pupil, parent and staff questionnaires have shaped and will continue to shape this policy.

## **The Aims of Teaching PSHE and Relationships at North Farnborough Infant School**

Safeguarding all the children in our school is the single most important aspect of what North Farnborough Infants does and we aim to teach the children to recognise and report abuse. At North Farnborough Infant School our aims are that all children will:

- Understand what a relationship is, what friendships are and who the people are in their lives who can support them
- Develop the essential understanding of how to be healthy by eating a healthy diet and taking part in physical activity
- Develop the skills of turn taking, how to treat others with kindness, consideration and respect, the importance of honesty and truthfulness, permission seeking and giving and the concept of personal privacy.
- Develop an understanding of how to remain safe from harm and know what to do if they feel unsafe or hurt in any way, including awareness of strangers and online safety
- Be provided with appropriate vocabulary for naming all parts of the human body
- Develop an understanding of what mental well-being is and be encouraged to develop a positive self-image and individual self-esteem

## **Strategies for Planning and Teaching PSHE and Relationships at North Farnborough Infant School**

At North Farnborough Infant School we follow the Department for Education Draft Strategy Guidance for Relationship and Health Education (Feb 2019). We also use Hampshire PSHE guidance and guidance from the PSHE Association to inform yearly, termly and weekly planning. This ensures we have a full and consistent coverage across Early Years and KS1.

Early Years Foundation Stage follow the EYFS guidance for Personal, Social & Emotional Development (PSED) and opportunities for PSHE and Relationships are carefully planned in. In KS1 the PSHE and

Relationships curriculum is planned using long and medium planning based on PSHE Association Programme of Study and supplemented by using SCARF PSHE lesson plans.

An additional part of the PSHE curriculum is a yearly visit from the Life Education Bus. Every class visits the Life Education Bus for a lesson which enhances and reinforces PSHE teaching and is also based on SCARF PSHE teaching materials.

Our PSHE curriculum, including Relationships Education, is taught to each class. A variety of teaching strategies and approaches are used. These include group and class discussions, circle time, role play, drama and teaching through stories. Reflection is also part of many lessons.

Some lessons within the planned PSHE curriculum have been identified as having themes that are termed 'sensitive'. These lessons are taught later in the academic year so teachers are familiar with their pupils and classes are established.

If a child asks a direct questions or talks about material that a teacher feels is inappropriate for the lesson they will be gently told that it is not part of the class lesson. Parents/carers will be made aware of this to enable them to discuss with their child as they feel appropriate. As a school we acknowledge that families discuss aspects with their child as they feel appropriate.

#### **Working with Parents/Carers in the Wider Community**

At North Farnborough Infant School we believe that the role of parent/carers in the development of their child's understanding about relationships is vital. We aim to work closely with parents/carers. Each year a meeting will be held to ensure parents/carers know what is being taught and when.

Parents will be made aware of what is being taught through the year group's half termly newsletter and weekly noticeboard.

The school has an open door policy and parents/carers are welcome to discuss our Relationships Education teaching with their child's class teacher, the PSHE subject leader or the Headteacher.

#### **Monitoring and Evaluation**

The PSHE subject leader will monitor and evaluate the planning and teaching of the school's PSHE curriculum, which includes Relationship Education through scrutiny of lesson plans, book looks, learning walks and lesson observations.

#### **Assessment, Recording and reporting in PSHE and Relationships Education**

Class teachers are responsible for the assessment of children's understanding in PSHE and Relationships and this information is used to inform future planning. Formative assessment takes place during each lesson so that understanding and progress is monitored.

## **Roles and Responsibilities**

### **Staff**

All members of the school staff will demonstrate the ethos of the PSHE curriculum modelling the aims of the PSHE and Relationships policy.

### **Headteacher**

The Headteacher is responsible for:

- Monitoring the implementation of the PSHE and Relationships Policy and its associated policies (see above)
- Ratifying (in conjunction with the Governing Body) the PSHE and Relationships Policy
- Monitoring the PSHE Subject Leader's Action Plan

### **PSHE and Relationships Subject Leader**

The PSHE and Relationships manager is responsible for supporting all staff with the teaching and learning of PSHE and Relationships throughout the school. They must insure that:

- All staff follows the PSHE and Relationships schemes and plan effectively for PSHE and Relationships.
- PSHE and Relationships is taught effectively across the school and that subject knowledge is secure.
- All staff are supported and receive regular training.
- Staff and children have the resources they need for the teaching and learning of PSHE and Relationships.